SPRINGWATER PARTY LINE

2 November 2017

by Katherine J. T. Humphrey

Katherine kjth@allwesterntrees.com

Do you like to go out for lunch? Then stop into the lunch counter at the Webster's Crossing UMC between 10:00 a.m. and 3:00 p.m. on Saturday, Nov. 4th and enjoy hot soup or chili and a variety of sandwiches with homemade desserts at very reasonable prices. It is time for the annual Church Bazaar. Our able members have worked hard to prepare some new items and old treasures for you to see. From a large white wooden crèche, plant cuttings, dishes, jewelry, one of a kind Christmas ornaments, to corn tassel wreaths, there is something for everyone. Please put the Webster's Crossing Christmas Bazaar, Route 15 between Springwater and Conesus, November 4th from 10 AM to 3 PM, on your calendar. The traditional Church Bazaar has been going on for 50 years or more.

Thank you to everyone that enjoyed the Spaghetti Dinner and Music Jam last Thursday evening, October 26th. It is hard to believe that another month has rolled around. We hope you will also come out to the Fall Bazaar and Luncheon this Saturday November 4th from 10 AM to 3 PM. We know there is a lot going on, but certainly you can start out at the new Springwater Town Barns for their Open House from 10 AM to 2 PM, come to Webster Crossing for the Bazaar for Lunch and then head up to Conesus United Church for their Thanksgiving Turkey and Biscuit dinner complete with delicious pies for dessert.

Our 2 p.m. Sunday Springwater Trails get together this past Sunday, October 29, planned by John, was rained out. A few of us did get together for the social in Hammondsport. This coming Sunday, November 5th we may be joining the Friends of the Genesee Valley Greenway on one of their hikes. Please log in to the Springwater Trails website for time and place of meeting closer to the date or ask a regular hiker.

Six people gathered for the Webster's Crossing United Methodist Bible Study last Wednesday evening, October 35. The meetings are on Wednesdays from 6:30 to 8 p.m. led by Pastor Dorothy Hotchkiss or any one in the group, this time it was Pastor Dorothy. Come and enjoy an interesting evening of discussion and prayer for the next three weeks on "Getting the Most out of Spiritual Warfare". In addition, Sunday service is at 9 AM followed by socialization and you are invited. Please put the Webster's Crossing Church Fall Bazaar on your calendar for Saturday, November 4 from 10 AM to 3 PM.

The Springwater / Webster's Crossing Historical Society meeting was on Tuesday, October 24 (6:30 PM dish to pass dinner, program at 7:15) turned out to have a large crowd interested in the life of John Pragle, a Springwater native who is married to a Seneca and now lives on the Genesee County Seneca Indian Reservation and coaches La Crosse. Jasmine Willis is writing a piece for the Genesee Country Express for this week so you can find her column on John's talk which included his 9 year old son doing a short Smoke dance for us. Our next program is on Tuesday, November 28th by musician and historian Harry Reynolds, a Webster Crossing and Wayland resident, with a lifetime of working at the radar tower on Story Road.

Many thanks go to everyone that participated in the Springwater United Methodist Church Turkey Dinner with all the trimmings at the Fire Hall on Main Street (Route 15) on Saturday October 28th. Their next event is scheduled for Saturday December 9 at the Fire Hall. You might want to jot that down on your calendar and plan to attend between 10 AM and 3 PM.

Halloween at the Town Hall is from 5 PM to 8:30 PM on Tuesday, October 31. The Kids Costume Parade & Judging is at 5:30 PM. Those able to enjoy crafts, candy, coffee, cider, and donuts will be there. The Town of Springwater Door to Door Trick or Treat time is from 6 to 8 PM Tuesday, October 31, 2017. This is one of our Town Supervisor's favorite holidays so come out for a jolly good time.

On Saturday, November 4th, an Open House is being held at the new Springwater Town Barns on Hudson Road off of Route 15 south between Springwater and Wayland. For those not new to the area, the new barns are situated where we used to take our trash and recycling. Our Town Supervisor, Deb Babbitt-Henry is hosting it and there will be refreshments and tours between 10 AM and 2 PM.

Do you know if a packaged food is high or low in sodium just by looking at it? A quick way to find out, courtesy of the American Heart Association, is to find the label on the food. If one serving has at least 25 percent less sodium than the regular product, it is reduced or less sodium; if 140 milligrams (mg) or less, it is low sodium, and if it is 35 milligrams or less, it is very low sodium. The amount of salt in a food is listed as "sodium" on the Nutrition Facts label that appears on food packaging. The Dietary Guidelines recommend that the general population consume no more than 2,300 milligrams of sodium a day (about a teaspoon of table salt). The tricky part is observing the size serving listed on the package. Is it the size you usually eat? Have you shaken the salt habit when purchasing groceries, in cooking or at the table? Congratulations if you have.

Please share your news with me at <u>kjth@allwesterntrees.com</u> or mail it to Katherine Humphrey, PO Box 217, Springwater, NY 14560.

Birthdays:

November 4 – Paula White, Vanessa Motzer, Carol Carberry

November 5 – Daniel Dale, Jr., Karen Schnetzer

November 6 – Samantha Yeoman, Henry Marlow

November 7 – Edward Vadney, Georgia Robinson, David Mack, Francis Tripp

November 8 – Jerry Carney, Nanette Fox Riffe

Anniversaries:

November 9 – Skip & Heather Cleveland #26