

SPRINGWATER PARTY LINE

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by Katherine J. T. Humphrey

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When deciding what to share this week that might be helpful, I came across the Cornell Cooperative Extension “De-clutter Your Life Member Handout” received at one of our TLOW (Trust in the Lives of Older Women) meetings at the Wayland Library presented by Steuben county’s Cooperative Extension’s Financial Management Educator Nancy Reigelsperger. When going on the web, I find that she will be teaching today, January 18 on a similar topic: how to pass on personal possessions. To register for a space in this workshop or for more information, contact [607-664-2300](tel:607-664-2300). Back to the previous handout, Nancy relates: “The popularity of today’s reality TV shows [who? us] how people’s lives have gotten out of control and have been taken over by their “stuff”. Once too much “stuff” invades your space, you start feeling out of control. According to Webster’s Dictionary, clutter is defined as a number of things scattered in disorder; jumbled. Another definition might be “anything you own, possess or do that does not enhance your life on a regular basis.” The challenge is to take stock of what we have and to simplify and downsize to give ourselves peace of mind and to leave a clutter-free legacy for our families.” Wow! Doesn’t that describe all of us? The best news is that there are ways to cope with disarray. The first being to actually admit you have “clutter”, and the second is to do something about the problem. In a subsequent column, I’ll relate some of the ideas Nancy gave us, but in the meantime, why not look around and decide to help yourself and make a “To do” list, post it where you can find it, and get started.

Mark Hopkins, Springwater Trails President writes “We had a beautiful winter hike on Sunday at Mendon Ponds Park. This hike was at the end of the Mendon Ponds Winterfest which had the best weather I have experienced for the event in four or five years. There were 15 hikers who joined us including Gene and Georgia. We split into three groups and the Climbers followed the East Esker trail along the high ridges on the east side of the park. With all of the park visitors that day, the trail was well stomped down, so some of us took advantage of our snowshoes with some off trail hiking down from the ridge to the more wild valleys. Next week is the 7th hike in our series along the Bristol Hills Branch of the Finger Lakes Trail covering the section that the Springwater Trails’ have maintained for a couple of years. More details are at <https://SpringwaterTrails.org> or ask a regular hiker.”

Pat Granger from Springwater United Methodist Church updated me on the Bible Study for Sunday services there. She wrote “It was hard for many people to get out on Sunday (1/14) after the amount of snow we got and the very cold temperatures. It was low attendance on Sunday and I feel the weather played a big part in it. Pastor Dawn gave an introduction into "The Story". If you have never read the Bible it is going to be a way of reading and understanding what is written in the Bible. It is going to take 31 weeks to complete the study. Everyone in attendance seemed to be very excited and eager to start the study. We will be doing a chapter at a time. The book can be purchased so that if you should miss a week you will still be able to read and keep up. The purchase price is \$5. Perhaps you will be able to make it this Sunday. Have a great week and take care.” Pastor Dawn put it this way “Read through the

Bible, or again for the first time, with our friends at Springwater UMC. Every Sunday at 11 AM through Easter they will be gathering with morning refreshments by the Fireside in the Fellowship Hall to journey through “The Story” by Max Lucado and Randy Frazee. “The Story” is in the NIV (New International Version) Bible, chronologically brought together to tell the unfolding progression of Bible characters and events from Genesis to Revelation. Conversation will include looking at the Bible with bifocal glasses – the upper, Google earth view of God’s love going to great lengths to simply love His creation and the lower, street view of how humanity continues to grow in love and loving through His Grace. We invite you to join us in this journey.” I hope to see you there.

Remember the Food Link truck will be at the Springwater Fire Department on Saturday, January 20th. Volunteers need to be there by 8 AM. Food will be distributed between 10 and 11:30 AM or until all the food is gone. Volunteers should call Teresa at [585-245-1223](tel:585-245-1223) to help. The Food Link truck has been locked into the following dates: January 20th, February 24th, March 17th, April 14th, May 12th, and June 16th from 10-11:30 AM. Food Link food is open to anyone, whereas the Food Pantry food is for those having a special need for it. Donations to Food Link are made primarily by the large food vendors, while donations to the Food Pantry are made by the people right in our community who wish to share what they have with those less fortunate.

Webster Crossing UMC Bible Study continues on Wednesday evenings at people’s homes, this week at Katherine’s, starting at 7 PM. Join us for this and for Sunday service at 9 AM.

Trust in the Lives of Older Women’s Group meets at the Wayland Library from 1 to 2:30 PM on Wednesday, January 17th. Marian Crawford, leader, has announced the program to be “Questions we should have for our pharmacist”. Hope to see you there.

Birthdays:

January 18 – Stephanie Whiteman

January 23 – Margaret Westurn

January 24 – Pastor Ray Shaw

January 25 – Bones Grey