SPRINGWATER PARTY LINE

8 February 2018 by Katherine J. T. Humphrey Katherine kjth@allwesterntrees.com

Sorry to be slow in composing a column this week. Last Sunday February 5, at church Lena made the suggestion for me to go to the ER when she took one look at my swollen right hand, wrist, and forearm, so Joice volunteered to take me to Strong Hospital. After blood work analysis came back, we swiftly learned the cellulitis needed stronger antibiotics so I was admitted for overnight stay. Turned out to be 3 days! So I am better, but right dominant hand, wrist and arm still have a way to go with antibiotics and hand exercises.

Pat Granger writes the update on the Sunday morning Springwater United Methodist Church Bible Study: "In our journey into "The Story" this past week we read about and discussed Joseph's life going from a slave to Deputy Pharaoh. We talked about how strong his faith was in God to go through what he did and eventually becoming a Pharaoh. Our next chapter is titled "Deliverance" and we will be discussing that this Sunday, February 11. Everyone is welcome to come and join us by the fireside in our dining hall and enjoy a beverage and snack while we do the Bible Study. During Lent and Easter we will not be doing the Bible Study. We will be having a Sundayservice with coffee hour afterwards. Following Easter we will be going back to our Bible Study. We have also been invited to attend and participate in the Lenten services going on with the local churches.

This coming Wednesday, Webster's Crossing United Methodist Church is hosting the Ash Wednesday Stone Soup at 6 PM and the service at 7 PM. Everyone is invited to attend.

Teresa Langhorn writes that the Springwater Community Food Pantry on Main Street across from the Fire Hall is now open on Tuesdays and Saturdays from 9 to 11 AM except on the Saturdays that the Food Link truck is scheduled to be at the Fire Hall, this month on Saturday, February 24, 2018.

To continue with Cornell Cooperative Extension's educator Nancy Riegelsberger's suggestions for taking clutter out of our lives, here are the suggestions for controlling clutter build-up. Focus on one room – maybe the room where you spend most of your time or alternatively the room that contains the most clutter. Start small – go through one drawer, one shelf or do one counter per session. Get tough – dump the contents on the floor and consider each object. Go through your mail daily – toss what you will never read, file bills for payment, file letters and cards that need answers, recycle newspapers, magazines and catalogs. Set a limit on saving bags, food containers and boxes. Get rid of two old garments every time you get a new one. This rule also works for kitchen gadgets, shoes, books, videos, CD's, and toys. Pare down mementos – keep the Girl Scout badges instead of the whole uniform, the year books instead of everybody's school photos. Consider making a daily or bi-weekly uncluttering appointment. Set a specific date and time. Just 15 minutes a day can help; an hour a

day is even better. Set a timer. Use labeled boxes or bags and group items into categories. Possible categories might include: 1. Things you love and/or use – keepers. 2. Things you can give to some one else. 3. Trash. 4. Things you could sell. 5. Things that belong somewhere else. Next week we will discuss what you can do with your "good stuff".

Another Sunday of beautiful weather brought out hikers for our Springwater Trails' trek on February 4. Come hike with us this Sunday, February 11 as we enjoy the Bristol Hills Branch of the Finger Lakes Trail to the north. In January, we hiked south from Seman Rd to Naples, so this month we will do the section north from Seman Rd. More details can be found at https://springwaterTrails.org or ask a regular hiker.

Happy Valentine's Day!

Birthdays:

February 8 – Teresa Langhorn, Jessica Valenti

February 9 – Gary Colangelo

February 10 – Lorna Teed

February 11 – Kathleen Gammell

February 12 – David Herbert Jr.

February 14 – Kristie Schnetzer, Ann Jobson, Harper VanScooter

February 15 – Stephen Scheiderich

Anniversaries: Congratulations:

February 15 - Michael & Joyce Croston #38